



BREAK THE CYCLE

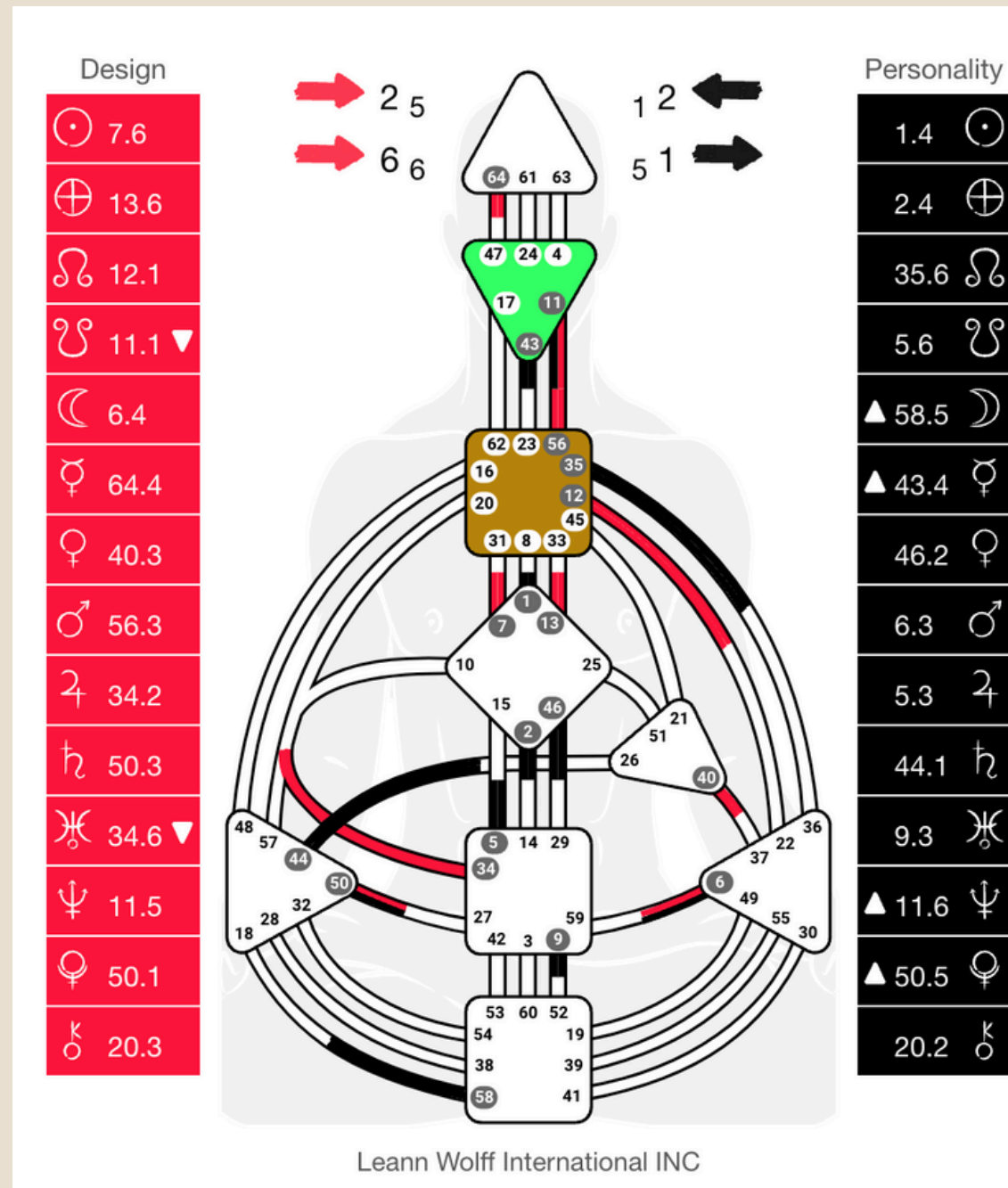
HUMAN DESIGN BLUEPRINT - JOY TAPIAS

maincharacter.energy



Human Design

JOY TAPIAS- 3/6 PROJECTOR



Name	Joy Tapias
Career Type	Projector (Advisor)
Strategy - Participate in Life	Wait for Recognition and Then an Invitation
Assimilation	Single Definition / Independent Assimilation of Information
Profile or Public Role	Opportunist (Influencer) / Role Model (Leader)
Incarnation Cross	Right Angle Cross of The Sphinx (1/2 7/13)
Key Sign Posts	Success
Not-Self Theme	Bitterness
Digestion	Closed
Personality Motivation Sense	Security
Design Cognition Sense	Feeling
Motivation	Hope
Perspective	Survival
Environment	Shores

Decision-Making Authority	Wait for Recognition and Invitation then talk to 2-3 trusted people and listen to what you say
Group Skills & Attributes	Implementation - Customer Service, Connections, Fundamentals, Knowledge Vision - Customer Service, Connections, Fundamentals, Knowledge Culture - Leadership, Trust, Determination and Capital Coordination - Talent, Competences, Marketing, Reputation Culture - Determination, Capital, Leadership and Trust Planning - Leadership, Trust, Determination and Capital Accounting - Leadership, Trust, Determination and Capital
Best Environment	Shores Artificial
Determination (Tones)	5 Feeling (Judgment)

HD Type & Authority - Joy Tapias

MENTAL PROJECTOR

- **The projector as a type refers to your aura, projecting out.** You are valued for what you see rather than what you do. Success comes from sharing your insights with the world.
- Accept that your work looks different than the rest of the world's. It's about seeing, not just doing. People will not value you for how much you work but how much you add to their lives. You're here to show, present, teach, consult, or guide others towards a new or better way, no matter your actual job title. You will have specific subjects that fascinate you because they are tied to your purpose. You are here to help us work and function better.
- Your battery is smaller but its more efficient. So you will need to rest more often than you might have been told is normal or necessary for a successful life.
- You only need to share and work when there is a need for it, then it will go a long way. **Only share your gifts with people who want to receive them.** Focus on sharing your guidance with the people who actually want it because they will reap the rewards.

HD Type & Authority - Joy Tapias

MENTAL PROJECTOR

- When you feel stuck ask yourself: what can i do to make myself more available?
- Recognize that valuing your own gifts is the first step to others seeing them.
- **Your energy field is your billboard - when you are clear on your contribution and its value, it will advertise you correctly no matter where you are.**

HD Type & Authority - Joy Tapias

MENTAL PROJECTOR STRATEGY

- The mechanics for a Projector Type is waiting to be recognized and invited. **You can be deeply resistant to being seen, recognized, and invited in natural and easy ways.**
- Mental: You're designed to receive guidance from your sensory environment through your open centres. **The inner authority here is the environment.**
- Who do you have around you? Does the environment feel good to you? When the identity center is white or undefined or open, the environment becomes a key factor in how you interact with life.
- Decisions for you come about through conversations with trusted sounding boards. You're going to use the people in your environment as sounding boards.
- What makes sense to your intuitive mind, it just knows, you don't have to explain why.

Martyr/Role Model

PROFILE 3/6

3 - Influencer: Learn from experience, experiment. If you become negative you become a martyr. You're designed to be experiential, it's how you figure out what does and doesn't work for you. Mistakes are not failures, they're learning experiences. Rather than think of a trial and error as a failure, reframe it. There IS ALWAYS a lesson - what is it? What do you know to be true since learning the lesson? What can you do moving forward to not repeat it?

6 - Role Model: After your formative years filled with trial and error, a graceful transition into the Role Model phase awaits. Pessimism to optimism. This is a time where the lessons learned from the “Martyr” experiences blossom into a deeper understanding of life and its intricacies. The Role Model phase encourages you to embrace your unique capabilities and share your insights with others, illuminating the path for those who may still be navigating their own trials.

Martyr/Role Model

PROFILE 3/6

The 6 has three life stages:

1. The first 28-30 years is marked by trial and error. Each transition is marked by Saturn return, as calculated in astrology. So, a 3/6 goes through HEAVY and intense trial and error in life to learn lessons and find what works. Whether that's in relationships, career, whatever.
2. 2nd life phase. On the roof. More reclusive. To heal. Learn. Grow. Gain stability and family and career life.
3. 3rd life phase. ("Climbing down from the roof") Stage starts around age 50. You're more involved in life. Socializing. Lots more wisdom. Blossoming career life. Selective about your close relationships especially love (soulmate or not).

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ENERGY CHANNEL 11-56 - CHANNEL OF CURIOSITY

“Life is about the journey, not the destination” is this channel summed up in a bumper sticker, but there’s so much more to it.

I think the channel is so fun. You’re here to be a wanderer, a seeker. Not necessarily a finder, or someone who brings the answers, but someone who has experiences and can teach the collective through stories.

It often manifests as someone who lives a life looking for adventure, experience and sharing their stories with us, but you don’t even have to have the experiences yourself – sometimes you’re incredible at collecting the stories and experiences of others and sharing with us that way (especially if you also have gate 13.)

Through your teaching and sharing, you transform us.

Now, I can’t not mention gate 11 here – this gate is BURSTING with ideas. Amazing! But remember it’s NOT YOUR JOB to make them all come to life. Enjoy the ideas then use your strategy and authority (aka wait until they come back to you before acting on them if you want the most ease and flow in life).

The tricky part of this channel is that it’s Projected (yes, even if you’re not a Projector, you can have Projected channels).

And that’s tricky because this channel works incredibly well when it’s invited. When someone asks for you ideas or your stories or teachings – they’re captivated. When you try to force them on people, they usually don’t listen, or they take your ideas and don’t give you credit.

Just because you have a lot to share doesn’t mean you have to always be sharing, especially if your audience isn’t the right match for you.

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GIFTS - EARTH GATES

Your Earth gates, as they keep you grounded.

2: The receptive feminine

On the “positive” end of the spectrum, Human Design Gate 2 is the energy for receiving the abundance of life. Life is a balance of feminine and masculine and that receiving the gifts of life is true abundance.

On the “negative” end of the spectrum is the energy for spending resources (time, money, energy) recklessly. It doubts, worries, and feels anxious about its needs being met and has no faith in their ability to receive abundance.

I trust in the abundance of life.

I choose to receive everything life offers me.

I am a magnet for abundance.

13 The Listener/Sounding Board

On the “positive” end of the spectrum is the energy for listening to others’ secrets while holding the frequency of forgiveness. The 13 believes everyone needs someone who can listen with empathy, compassion, and grace. It feels deeply connected to others by listening to their stories, experiences, and challenges. On the “negative” end of the spectrum, its the energy for being a dumping ground for people’s secrets, challenges, and darkness. And it can struggle with an unwillingness to forgive and hold onto anger, blame, and resentment.

I listen deeply with empathy.

I trust that forgiveness is possible.

I let go of the things that do not serve me or the collective.

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GIFTS - SUN GATES

It's how you express your purpose and light into the world

7: The Wise Sheperd

On the “positive” end of the spectrum, Human Design Gate 7 is the energy for offering empowering wisdom, guidance, and advice to others. Gate 7 has an innate understanding that forceful leadership is the mask one wears when one does not understand their true power. They “lead from behind” by showing others that accessing their own inner power is how magic and transformation occur. On the “negative” end of the spectrum, is the energy for being on a power trip and insisting others bend to your will. It may try to rally people around its personal beliefs rather than what is best for the collective or boss others around without their consent.

I stay true to the highest vision and guide from that place.

I show others have to access their power and magic happens.

I lead by empowering others.

1: The Divine Creative

Is the energy for Creativity. It leads by example and knows that it's greatest impact on the world happens when you stay true to your creative process. On the other end of the spectrum, Human Design Gate 1 is the energy for believing that you should be able to be creative all the time or that being depressed or low means that something is wrong with you. It Resists your creative ebbs and flows.

I honor my natural creative cycles.

I am a creative powerhouse.

I surrender to the highs and lows of creativity.

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NORTH NODES

Where You are Going

12: Caution

Gate 12, nestled in the Throat Centre, represents the essence of introspection and prudence. This gate, known as the Gate of Caution, serves as a guiding beacon, urging individuals to approach life with thoughtful consideration and foresight. As we embark on this exploration of Gate 12, we uncover the layers of its energy and delve into how it intricately shapes our experiences and interactions. At its core, Gate 12 embodies the wisdom of prudence, inviting individuals to pause and reflect before taking action. It symbolises a natural inclination towards careful deliberation and strategic planning, guiding individuals to navigate life's twists and turns with grace and wisdom. In a world often characterised by haste and impulsivity, Gate 12 serves as a reminder of the value of thoughtful decision-making and mindful action.

36: Crisis, Turning Darkness into Light

the ability to transmute adversity into opportunity. It is a beacon of hope amidst the storm, guiding those who carry its energy toward profound growth and transformation. At its core, Gate 36 teaches us that crisis is not merely a moment of despair but a catalyst for profound evolution. In the crux of crisis, individuals with Gate 36 defined possess a unique capacity to navigate the tumultuous waters of their emotions with grace and resilience. Rather than succumbing to the chaos, they harness its transformative power, finding meaning and purpose amidst the turmoil. It is within the depths of crisis that their true strength and resilience are revealed, as they rise to meet the challenges that confront them head-on.

Embracing change becomes not only a necessity but a source of empowerment for those with Gate 36 energy. They understand that true growth often emerges from the most challenging of circumstances, and they approach life's trials with an unwavering sense of optimism and determination. With each obstacle they encounter, they glean valuable lessons and insights, propelling them ever closer toward self-realisation and fulfilment. Moreover, individuals with Gate 36 defined possess a remarkable ability to inspire others with their resilience and fortitude.

Right Angle Cross of the Sphinx (13/7 | 1/2)

INCARNATION CROSS - KARMA

Remembering the past to heal the future.

You are destined to be the listener who brings transformation to the world through what you hear on many frequency levels, some obvious, some perhaps relating to other times and circumstances. All the while, you must constantly remember your own life needs. You provide a particular form of connection and guidance for others no matter what resistance you meet in the world. You might not always feel that you get the appreciation you deserve for your unceasing efforts in life and the things you have to hear, but on some level, unseen perhaps, there is an enormous gratefulness for you. Trust your Type and Authority to guide you toward those situations that are aligned with your own life journey.

You have the gift of being able to resolve almost any dilemma for others and can quickly find yourself in great demand among those who attract crises to themselves. It may be VARY gratifying to fix others problems so easily, but your life will rapidly become UNCOMFORTABLE if you feel it's your permanent job to keep the lives of others moving harmoniously. Knowing how to slip into and out of problematic situations graciously is an art form you need to master.

Right Angle Cross of the Sphinx (13/7 | 1/2)

INCARNATION CROSS - KARMA

Career Implications: Those with the Right Angle Cross of the Sphinx are destined to leave their mark on the world, whether starting their own business, leading a team, or bringing their unique perspective to the table.

- **Leadership and Innovation:** The combination of the Creative (1) and Role of the Self (7) Gates makes individuals with this cross natural leaders who are not content with simply following the rules; they want to create their own.
- **Visionary Leadership:** They have a strong foundation for leadership, especially in guiding groups or communities. Their energy supports a vision for the future.
- **Pattern Recognition:** Individuals with this cross can see patterns and cycles, which, combined with a sense of direction, allows for insightful projections. They can predict future trends based on past patterns.
- **Versatility:** The Incarnation Cross does not dictate a specific career path; you can fulfill your Incarnation Cross no matter what "work" you do.

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BUSINESS STRATEGY FOR PROJECTOR

Establish Yourself in the Market as an Expert in Your Field:

When you first begin your business, you are working to create reputation in your industry as a guide and leader in your expertise (because that is your gift and what you are here for).

From there, you build trust in your expertise, an engaged community and are positioned as a go-to authority. The invites flow and you will attract consistent and ideal clients. To do this, you need to be so clear and dialed in to what you offer, the knowledge & expertise you have and how you can help people transform. Once that reputation has been created, it does all the work for you – you don't have to show up constantly on instagram, you don't have to undercharge or overgive to clients – you are in demand and will feel deeply seen, recognised and successful.

How to do it: Start sharing your unique insights in your own words in blogs, podcasts, videos, social media (we prefer long form content) where you showcase your knowledge. Give client testimonials and case studies to highlight your credibility of delivering high-quality results and value. You have to allow yourself to be seen and take up space, don't let imposter syndrome stop you from sharing your gifts and perspectives. I teach you how to create your reputation and receive recognition in your chosen field during Create Space.

Summary & Questions



- Choose your Environment carefully, who you are letting in.
- Make decisions by talking to 2-3 trusted people.
- Transition from the Martyr mindset to the Model Role
- Get clear on your contribution and its value - what are you here to show?
- Start showing your expertise
- Teach through stories



Appendix

EXTRA MATERIALS



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DEFINED/UNDEFINED CENTRES

Defined: Closed to outside influence and conditioning

- Throat: designed to speak according to what it is connected to. If connected to the mind, you can speak your mind.
- Mind: designed to hold information, trustworthy, reliable but fixed in how it works. No decisions should come from the mind.

Undefined: open to outside influence and conditioning. Here to teach you a lesson

- Open head: doesn't receive inspiration consistently so when you receive inspiration and you want to act on it it looks like you are leaping all over the place trying different kind of things. Also will be likely to amplify all the questions they receive making it hard to make decisions. Just follow your strategy.

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UNDEFINED CENTRES

- Open identity center: you take another's identity and amplify it. Being at the right place at the right time will be very important. More vulnerable to peer pressure. Can be afraid they are not lovable
- Open will: a hard time keeping resolutions so its important to use your strategy to keep promises to yourself. Also very common to have low self esteem and undercharge for services. Can help you become very wise about what is truly valuable in life, including rest and work. Don't offer to help unless you are following your strategy because if you offer but don't have the energy later it will lead to burnout and regret.
- Open Solar Plexus: here to become wise about emotions. Truly empathetic and can take in others emotional energy and amplify it. Great at sales because can read the client quickly and adapt. Someone else's negative energy can be painful when it flows in. Let the energy flow through without feeling responsible to fix it.

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UNDEFINED CENTRES

- Open Sacral (Life/Sex Energy): You can amplify work force energy in short bursts but can not sustain it without burnout over a long period of time. you're not meant for a 9-5 full time job. You will need some flexibility. Many crash around 40 burnt out and get judged for being lazy or incapable. Also need significant alone time, sleep and rest to stay healthy. Often struggle with insomnia. Don't wait til you are exhausted to go to bed or else won't be able to sleep, rest in bed first to fall asleep. And sleep alone at least a few nights a week to recharge.
- Open Root: You take adrenaline energy from others and amplify it. Might enjoy the rush of being in front of a crowd or other adrenaline charged experiences. Will want to get things done before they can relax and play. Not recharging the battery will lead to exhaustion. Might also suffer from stress or even stage fright. Work is never done. Efficiency shouldn't take over.
- Open Spleen: you have a sensitive immune system, you are sensitive to the changes in your body, and you notice when you start feeling a little off. You may be sensitive to medications and prefer homeopathic medicines. Tolerance for alcohol and drugs could be lower. You don't have access to consistent feel-good energy. Prefer to be around ppl with closed spleens.

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- **Single Definition:** tend to be self-sufficient and independent, not requiring external energy to bridge connections within themselves. They have a consistent and reliable sense of wholeness. Single Definition creates a constant and steadfast flow of energy, allowing individuals to feel complete and whole within themselves. People often possess a strong sense of self and can make decisions independently, following their Human Design strategy and inner authority. The energy fluidity in their chart streamlines their decision-making. They often don't need approval from others, trusting their own capabilities
- **Best Environment:** Shores Artificial - example Urban and Suburban - Individuals with an Artificial Shores environment thrive in settings that allow them to observe and reflect on the interplay between contrasting environments.
- **Digestion:** Closed
 - Preference for Simplicity: Individuals with Closed Digestion generally prefer simple and familiar tastes, thriving on consistency rather than complex or exotic flavors.
 - Stability and Privacy: Need for a quiet, undisturbed environment during meals and significant life events. May prefer to eat alone or with close loved ones.
 - Consistency: It is healthy to eat in a consistent, regular way.